

'Contemplative Pedagogy in Higher Education: Growing Confidence, Creativity and Community'

2023 [Contemplative Pedagogy Network](#) (CPN) Symposium

Dartington Hall, Devon, UK

4th- 6th September 2023

Event schedule

Monday Sept 4th

14:00-15:00: Arrival
15:00-15:30: Check-in to rooms
15:30-16:30: Welcome, Introductions, Opening circle: Guided Meditation/setting intentions.
16.30-17.00 Break (tea and coffee and traybakes)
17:00-18:30: 'Fishbowl' style Group Discussion: 'Contemplative Pedagogy in Higher Education: Growing Confidence, Creativity and Community'
18:30-19:00: Free Time
19:00: Dinner Solar (Courtyard)

Tuesday Sept 5th

Breakfast: 07:30-09:00
09:00-9.30: Gathering & Reflections
9:30-10.00 Presentation 1: <i>Mirror mirror- reflection in medical education in the age of social media and generative AI</i> (Camille Gajria and Yan-Ling Wong)
10:00-10:30 Presentation 2: <i>Vulnerable heroes and their creative mistakes – Preparing a new module ('German for Success') in the context of contemplative pedagogy</i> (Claudia Alsdorf, University of Essex)
10:30-11:00 Reflective time
11:00-11:30 Tea/Coffee and cookies
11:30-12:00 Presentation 3: <i>Write Yourself Well: Creative Writing for Health and Wellbeing – a 'fresh off the press' H.E. Level module for students drawn to using writing as therapy</i> (Judy Waite, University of Winchester)
12:00-12:30 Presentation 4: <i>Contemplative Practice: Enabling a Decolonising Experience</i> (Keith Beasley, University of Bristol)
12:30- 1:00 Reflective time
13:00 - 14:00 Lunch White Hart Feasting Hall (Courtyard)
14:30-15:30: Guided Contemplative Walk in Dartington Hall Grounds
15:30-16:00: Reflective time
16:00-16:30: Coffee/Tea and traybakes
16:30-18:00: Keynote Speaker: Louise Livingstone: <i>Taking seriously the heart's wisdom – how Heart Sense can support and enhance contemplative pedagogy</i>
18:00-19:00: Reflective time
19:00: Dinner Solar (Courtyard)
20.00-21.15: Evening session – Ray Martin: <i>Slow Looking</i>

Wednesday September 6th

Breakfast: 07:30-09:00 (PLEASE VACATE ROOMS during this period)
09:00-09:30: Gathering and introduction to 'Open Space'.
09:30 to 11:00: Open Space Discussions
11:00-11:30: Coffee/Tea and cookies
11:30-12:30: Open Space Discussions
12:30-13:00: Closing Circle, Revisiting intentions
13:00-14:00 Lunch White Hart Feasting Hall (Courtyard)
14:00 Farewells and Departures